

**Knower** – Lord

**Field** – World: The Body-Mind-Intellect, the 5-element, Sense organs, Vasanas, objects, emotions and thoughts.

The **Field** is whatever we see & experience in this world through our equipment: Eyes, Ears, Mind, and Intellect.

The Knower or Consciousness knows our desires. It knows our Mind and Intellect, our sorrows, our joys, and our likes and Dislikes.

If the Lord is the Knower and 'knows all', why is there problems, disease, emotional stress in the world. All the problems listed above is because of the Ego.

The Ego is the Perceiver-Feeler-Thinker. The Ego resides between the 'Field' and the 'Knower' of the Field. It's the entity that arises between the Body & the Consciousness

[6:38] The Ego gets it's form from the Body. The Ego borrows Life form the Consciousness. The Ego arises by the marriage of the Consciousness with the Body.

The Ego is the one who created DIVISION among people and religions.

[8:09] How does one rid himself of the Ego? Service.  
But Service can be misguided when the Ego or "I" is figured in with the Service. Then it is only to Fatten the Ego.

With an inflated Ego, we lose touch that the Lord is the one who functions through us and that we are humble instruments of the Lord.

We can reduce the Ego by:

1. Perform service
2. Knowledge, Inquiry, and Humility brings us closer to the truth.
3. Practicing the 20-Values. As you practice the 20-values, 'Who is this God' becomes clearer.



[11:39] Who is this God? Where does He do? Where does he reside so that thru INQUIRY I may reach Him?

[Verse 16] *God is Inside & Outside. He's moving and unmoving. He cannot be known. He is Far, Far away and yet he's Near . . .*

[18:42] If God is everywhere, why don't we see Him?  
That One Consciousness is in all beings, plants, animate/ inanimate objects.

[18:56] 'Moving & yet Unmoving'.  
We can Move Near or a far but God and Space cannot Move because they are everywhere; God and Space are already there, here and a far.

[21:09] Ehen you and I walk, we are walking in Consciousness; the Consciousness does not Move because the consciousness is already there. The Consciousness is subtler than space.

Consciousness extends beyond Space. I walk in Space; I also occupy certain space. There is space also inside me. The Space is not moving. I am. I am moving in Space.

God can not be Known. God is everywhere, but cannot be Seen, Heard, Tasted, Smelled, or Felt.

God is the Subtle; Subtler that the Subtlest:

|              |                     |
|--------------|---------------------|
| <b>Earth</b> | Grossest Element.   |
| <b>Water</b> | Subtler than Earth  |
| <b>Fire</b>  | Subtler than Water  |
| <b>Air</b>   | Subtler than Fire   |
| <b>Space</b> | Subtler than Air    |
| <b>God</b>   | Subtler than Space. |

The subtler an element become, the more difficult it is to know.  
The subtlest (God) is unknowable because:

- The Body cannot PERCEIVE it (see, hear, smell, etc.)
- The Mind cannot THINK about it.
- The Intellect cannot ANALYZE it.

None of the faculties are capable of knowing the Consciousness.

[26:06] The Body-Mind-Intellect are limited:  
1. Body can only **KNOW** the Beings & Objects  
2. Mind can only **FEEL** the Emotions  
3. Intellect can only **THINK** the Thoughts

How does one know the Consciousness?

- Quiet the Mind
- Reduce the Vasanas of negative emotions.

Slowly, as the Mind becomes quieter through Prayer, Meditation and Service one experiences God's Presence as YOU.

God can only be known as your own Self, the life within.

'Don't look for Me in a Church-Temple-Mosque. I am in your Heart.'

It's the Vasanas that drive you into the world of objects to look for happiness.

[27:4] He's Far, Far away . . . Yet Near

Is space far away? Space is nearer to the near and farther to the farthest.

Similarly God is Far, Far Away . . . even beyond space.  
He is the Subtlest . . . closest in me as life in every cell.

In one moment one can say God, you are with me at all times, or  
Just remember Him and you have found Him. And the rest will come  
As you purify the Mind, reduce your anger, jealousy, greed, selfishness,  
possessiveness, acquiring, searching & chasing.

Reduce them by turning your Mind towards God and He's there.



[34:40] Entities Required for Life:

1. Body – Slowly ages and perishes upon death.
2. Jeeva – the Individuality. It's a packet of Vasanas, Mind & Intellect. . .  
(all vary according to the individual). It's the Jeeva that enters the mother's  
womb on the 3-month. The Jeeva is the entity that reincarnates. The Jeeva  
goes to Higher Worlds (Heaven) or Lower World (Hell).

After a time, the Jeeva takes another suitable body where the Vasanas can be  
exhausted from the previous lives.

3. The Brahman is also required for Life here on Earth. It doesn't leave upon death.  
Brahman can only reflect in the Mind and Intellect.

[Analogy] The Brahman is like the ocean. The undulating waves represent  
the birth and death cycle.

Jeeva is Sanskrit for Soul or Soul-Personality.

To 'Realize' means one postulates it (says it), but has no EXPERIENCE of realizing God.